

Bridlemile Friday Flyer



1/28/2022

IMPORTANT DATES

Jan 31st	NO SCHOOL - Teacher Planning Day
Feb 7th	Q2 Report Cards Sent Home with Students via Backpacks
Feb 8th	K, 1, 3 Vision & Hearing Screenings (3rd grade vision only)

WHAT'S NEW INSIDE THIS ISSUE

- From the District- Free NBA Math Hoops Game; Nutrition Services Update
- From the Office-Annual Asbestos Notification Letter; District Updated Guidelines for Contact Tracing, Quarantine/Isolation
- PTA/Foundation News-[Newsletter](#)
- Community News: Raleigh Hills Little League Baseball; Lincoln Youth Lacrosse; I.B. Wells Boys Youth Lacrosse

FROM THE DISTRICT

[PPS COVID-19 Monitoring Dashboard](#)

Bus Route Check Tool: pps.net/routecheck

[COVID 19 Symptoms](#)

[Quarantine & Isolation Guidelines](#)

FREE NBA MATH HOOPS GAMES

The NBA Math Hoops game has been utilized in the district for the last 3 years in summer programs as well as some classrooms throughout the year. This is a game students really enjoy and truly promotes mathematics learning. Please see the announcement from LearnFresh, the organization that developed this program.

Hello NBA Math Hoops families,

We are so excited for this offer for your school families.

Learn Fresh continues to support learning in all environments! We are pleased to offer the physical NBA Math Hoops board game for distribution at no cost to families in the U.S. Please complete [the form](#) to request a copy of the NBA Math Hoops board game for the young learners in your household (best for

grades 4-8). Games are available on a limited basis, and families with a demonstrated need for at-home learning resources will receive priority.

You will receive an email confirmation when your game request has been processed.

While waiting for your NBA Math Hoops board game to process and deliver, download the NBA Math Hoops App and NBA Math Hoops: Skills & Drills App on both iOS and Android. Visit nbamathhoops.org/app to download!

NUTRITION SERVICES FOOD AND SUPPLY SUBSTITUTIONS

The impact on the national supply chain due to COVID, labor shortages, and the back up at the Ports have all continued to impact our ability to receive food and supplies as we have menued and ordered. For these reasons, students and customers may see changes in our planned menus, recipes and foods. We have also seen an impact on paper products, such as the materials we use to serve foods on such as our paper plates. Students may experience different shapes and looks to the plates for meals. Additionally, we have experienced a significant delay in replacing equipment. Lack of functioning equipment may force substitutions to the menu as we utilize foods as best as we can (decreasing our food waste). With these impacts, we are still committed to offering all students a daily breakfast and lunch for free. We appreciate everyone's patience and understanding during this time. If you have questions, please feel free to contact our department - nutritionservices@pps.net.

Portland Public Schools is interested in learning about your child(ren)'s experience in before and after school care. For more information, visit the [PPS Child Care Website](#). Please complete this survey by Friday, February 18, 2022. For best results, complete one survey for each child. This survey is completely anonymous and results are shared with the child care provider and school principal for program improvement and continued student and family support. Thank you!

[English](#)

[Español](#)

[Tiếng](#)

[Việt](#)

[中文](#)

[РусскиSoomaali](#)

ONGOING FAMILY IMMUNIZATION CLINICS

The Multnomah County Health Department is offering twice-weekly Immunization Clinics for families and children to obtain COVID-19 and school-required vaccines. Clinics will be held on Wednesdays from 11 am - 2 pm & 3 pm - 6 pm at the Gateway WIC Building, 131 NE 102nd Ave., Portland; and on Saturdays from 9 am - 12 pm & 1 pm - at the NE Health Clinic, 5329 NE Martin Luther King Jr Blvd. #322, Portland.

Appointments are required for children aged 5 - 11. No appointment is required for family members to receive the COVID-19 vaccine and flu shots.

FROM THE OFFICE

[COVID 19 Symptoms](#)

[Quarantine & Isolation Guidelines](#)

MEMO - ANNUAL ASBESTOS NOTIFICATION 2022

Families, please see [this memo](#) regarding the requirement of the federally mandated Asbestos Hazard Emergency Response Act (AHERA).

Contact Tracing, Quarantine & Isolation Guidelines, OHSU Updates from the District

In case you missed it, or would like the information again, here is the District message that was sent to families on January 24th:

Contact Tracing:

Schools have been advised to change course on contact tracing. ***Oregon no longer considers masked contact in schools (including on school buses) to be an exposure regardless of distancing.***

Multnomah County school districts met on Wednesday, January 19, 2022, and agreed to prioritize Contact Tracing for exposures in the following settings as indicated by Multnomah Public Health as elevated risk:

- Unmasked indoor athletics and extracurricular activities;
- Classroom settings for students with disabilities where universal masking is not consistent and social distancing is not possible;
- Band classrooms where universal masking is not consistent and when instrument bell covers are not used.
- Pre-K, Head Start, and child care.

Because our capacity to contact trace is limited, these four settings will be prioritized over potential lunchtime exposures.

Quarantine and Isolation:

In alignment with [Multnomah County Health Department's new guidelines](#), we updated the quarantine and isolation guidance:

- If you are positive for COVID-19 (regardless of vaccination status), you need to isolate at home for at least five days. Day 1 is the first day following a positive test or the development of symptoms. Students ages 5 years and younger must isolate for 10 days as explained below.
- After the initial five days, you may return to school if you have been fever free for 24 hours without the aid of fever-reducing medication, and any other symptoms you are experiencing must be improving.
- After these five days, those individuals ready to return to school or work will need to continue wearing a mask (consistently) for five additional days; this consistent masking should be applied in AND out of school.
- If you are *exposed* to someone with COVID-19, you may need to quarantine depending on your COVID-19 vaccination status. If you are up-to-date on your vaccinations (including boosters for adults – see the Centers for Disease Control and Prevention's [definition of up-to-date](#)), you DO NOT have to quarantine if you remain without symptoms. *Reminder:* In a general public setting, “exposed” (also called close contact) means spending at least 15 minutes or more within 6 feet of someone over the course of a day, with or without a mask.

- PK/Head Start students must quarantine for 10 days due to inconsistent mask use by the students and breaks in mask use throughout the day (ie. meal, naptime, etc), lack of social distancing, duration of time together under such circumstances, and lack of access to vaccines for students ages 5 years and younger.

School Community Notification of Possible Positive COVID-19 Case onsite:

Last week we shared with our community that PPS families would “no longer get a notification if your student is a close contact, unless exposure occurs during unmasked situations.” While we will no longer notify if a student is a close contact, we will notify and inform families if an individual who has tested positive for COVID-19 was on-site during their contagious period. We appreciate hearing from many of you about the importance of continuing to receive notifications if there were any possible COVID-19 cases onsite.

Test to Stay Program - no longer applicable in most instances:

Given the changes to contact tracing, and isolation and quarantine guidelines, “Test to Stay” is no longer applicable in most instances. Since PPS requires universal masking, and contact tracing is no longer performed for masked situations, most students will no longer qualify for Test to Stay. There are specific, rare situations that may meet the criteria for “Test to Stay” which will be determined by the MESD and/or Multnomah County Public Health on a case by case basis.

OHSU Screening Testing Program:

PPS will continue to offer testing options such as the [weekly OHSU Screening Test program](#) and school-specific rapid tests for students or staff who become symptomatic while at school. Contact your school for additional information.

Important Note from OHSU:

With the omicron variant surging, we are seeing more students testing positive for COVID. Those students who test positive should not participate in the OHSU testing program for 90 days after receiving their results, as they will continue to test positive during this time period. These repeat positive tests consume testing supplies and staff time, and distract us from helping students who are healthy or are just being diagnosed with COVID for the first time. Students with a positive result do not need to opt-out of the program, but they do need to pause their participation until the 90-day period has ended.

We hope this information is helpful as our schools continue to align with the most current public health guidance. As a reminder:

- We encourage you and your students to continue to wear a proper, well-fitting face mask.
- Get everyone in your household who is eligible (ages 5 and up) vaccinated, and boosted.
- Monitor for COVID-19 symptoms, and keep your loved ones at home if they show any symptoms.

OHSU Take Home Kit Update REMINDER!!!:

Please remember to affix a label to both your vial AND the plastic bag. If you need more labels, please contact the office. Incorrect or missing information may result in an invalid or unprocessed test. Thank you.

If you have questions about labeling the samples please email k12covidtesting@ohsu.edu.

If your child is part of the OHSU Take Home Kit testing program and you do not have a pre-printed label, follow the steps below or click here: [Tube Labeling](#) **If you do have a preprinted label, please be sure to use it and affix one label to both the sample vial as well as the outer plastic bag.**

How to properly label K-12 COVID-19 screening samples:

1. You must label the sample with this information:
 1. Legal last name, first name (Make sure to put a comma after the last name)
 2. Date of birth (mm/dd/yyyy)
 3. School name
2. You can write the label in 1 of these 3 ways:
 - Write directly on the collection container with a fine tip sharpie or other permanent blue or black ink.
 - Write on a blank label sticker and then stick it to the collection container.
 - Write on a blank piece of paper and then stick it to the collection container with tape.
3. Return the sample to the school by putting only 1 sample container in each biohazard bag.

FROM THE NURSE

PEDIATRIC VACCINATIONS

Now that a pediatric COVID-19 vaccination is available for children ages 5-11 years, you can locate pediatric vaccinations by:

1. Check with your child's pediatrician; or
2. Log into Multnomah County Health Department's [vaccine locator website](#):

- Enter your address or zip code under "Location"
- Click "Search"
- Click "Filter Your Results"
- Click "Pfizer age 5-11" under Vaccine Type
- Click "Apply Filters" under Date Range
- View the list of Pediatric Vaccine Clinics under Provider Information
- Contact the Pediatric Vaccine Clinic provider for appointment information

TECHNOLOGY NEWS FROM MS. DAHINDEN

Having trouble logging into your student's account?

Please refer here: [My PPS & Quickcard Instruction Flyer](#). This flyer provides the step by step instructions to login and how to use the QR badge. Your student's classroom teacher can reset his or her account if needed. For more information click here: [Student Accounts](#)

PTA/FOUNDATION NEWS

PTA and Foundation [Newsletter](#)

COMMUNITY NEWS

Lincoln Youth Baseball

Registration is open for this coming Spring!

Ages PreK-8th grade & CO-ED

*You don't have to live in the Lincoln Boundary

Register NOW: www.LincolnYouthBaseball.com

SWPLL Free Winter Softball Clinics ages 6-14 year olds

<https://www.swpll.org/content/14329/Winter-Clinics>

Raleigh Hills Little League Baseball Registration Open Now!

Spring baseball registration is open now! Raleigh Hills Little League baseball is open to boys and girls ages 4-12 who attend Bridlemile Elementary AND live in Washington County. This community baseball league puts an emphasis on teaching baseball fundamentals, promoting sportsmanship, and having fun.

Register online at www.RHLLbaseball.com

Questions? Email RaleighHills@gmail.com

Registration deadline is Feb. 11 for AAA and Majors teams. Registration deadline is March 4 for T-ball, A, and AA levels

IDA B Wells Boys Youth Lacrosse

Registration opens January 21st for recreation league Boys' Spring Lacrosse

Registration link and more information at wylax.net

Facebook @WYLaxBoysPDX

Instagram @IBWLaxBoysPDX

Lincoln Youth Lacrosse

Register today!

Girls: <https://www.lincolnlaxgirls.com/>

Boys: <https://www.lincolnlax.org/>

Lincoln H.S.

Join to celebrate a year of lasts and take a sneak peak in the new school. The best thing is that it is **free**. Spread the word amongst family and friends, save the date (2.3.22), then sit back and enjoy a virtual celebration led by students, a focus on STEAM subjects and what the new school really means to our

students and their futures, and an online auction full of fun activities and interesting experiences. Learn more and register at friendsoflhs.com.



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